



## The Weekly Newsletter of Ateres Bais Yaakov

What a terrific week! Every class was busy learning and achieving. One of the highlights this week was the announcement of the annual Ateres Bais Yaakov Mitzva Fair Sale Day. Mrs. Samet told the girls that the Tzedakah they will raise this year will go to our very own Ateres Bais Yaakov. Mrs. Samet wanted the girls to raise money for a beautiful mezuzah for the new building's front door. Most special was a visit from Rabbi Schneid, a sofer, who is also a proud grandfather of four Ateres girls, two of whom are in elementary school, Batsheva and Avital Schneid. He showed the girls in grades 2-6 how a mezuzah is made. The girls enjoyed all they learned and they have begun planning with their teachers so they can be prepared for their designated sale days. Dates for each class will be determined shortly. Mrs. Samet told the girls that most important thing of all is that there is achdus and sensitivity as we go forward forming groups and deciding on items to be sold. All girls know to focus on this and are aware that their teachers are available to strategize with them through this process. The girls are looking forward to using their talents to make or bake something for this fundraiser. They know that fellow elementary students, parents, teachers, and high school students will be invited to each sale iyH and so the chance for nice profits are high. Stay tuned for more details in the upcoming weeks.

Our Nshei always gifts the girls with special Rosh Chodesh treats and this month was no exception. The girls were excited to receive playing cards in the shape of a doughnut for....Chanukah which is coming up in this month iyH.

This week the girls received the parshas Toldos Principal's questions and are busy studying. They are looking forward to accumulating the knowledge they will need for the grand chidon on Sefer Bereishis where the high scorers will celebrate with an awards ceremony with Mrs. Samet.



### NSHEI CORNER

**Excitement was in the air as the girls received donut playing cards in anticipation of Rosh Chodesh Kislev on Sunday iyH! Chanukah will be here before we know it, and we can't wait to see what surprises are in store!**

**We are still in need of some more volunteers for the Mother Daughter Brunch taking place on December 3rd iyH. If you can help with set up, clean up, or buying salad ingredients, please email [ateresbrunch@gmail.com](mailto:ateresbrunch@gmail.com) at your earliest convenience. All time and cost will be deducted from your Give & Get obligation.**

**If you would like to sponsor a raffle prize for our brunch, please email [nshei@ateres.org](mailto:nshei@ateres.org).**

**\*\*Joke Corner\*\***

**Q: What do frogs eat in Paris?**

**A: French flies!**

**Q: Why did the donut go to the dentist?**

**A: It needed a filling!**

**Have a Good Shabbos!**

**Ateres N'shei**

**Chany Silverman & Faigie Walter**

Ateres girls are also busy raising funds for Chai Forever and are proud to contribute to this special organization.

We are looking forward to meeting all parents and discussing your daughters' progress at PTA on Wednesday night, December the 6th.

Please mark your calendars.

Now, let's take a peek into the week:

**Morah Miriam's Kitah Alef** girls are beginning to recite the Birchas Hashachar in their morning davening. After a lengthy discussion, the girls discovered that everything in the world comes from Hashem. Each day we acknowledge that Hashem is the source of all brachos we enjoy in life. Morah Miriam experimented with a flashlight to show that no matter where the flashlight shines the source of the light was always the same. The girls were very responsive and they gave great examples of their interpretation of this lesson. They were surprised at the number of brachos they have to be thankful for. Here are some of their answers:

Leah- Hashem, I have the best family and you made it happen.

Rachelie- Hashem, you made everyone to be different. I love my family and you made them all.

Suri K. -Hashem, you made my baby so cute  
Kayla- Hashem, you let us have money so if someone else doesn't have, we could help them and -thank you for my nice sister.

Ella -Thank you for the different kinds of animals. They all give us different yummy food.

Ilana -Hashem helps our bodies grow and He keeps us safe.

Toba -Hashem gives us money, healthy food, lets us live a long life and lets us do mitzvos.

Chana Suri- Hashem gives me my grandmother so I could go and visit her a lot and hug and kiss her.

Aliza- Hashem lets me do the mitzva of visiting old people who are alone. Hashem gave us the world.

Bruria -Hashem made schools so we could learn parsha and recess so we can play and shabbos so we could spend time with our families.

Shani- We thank Hashem for making us the way we are.

Sophia -We have a mother who keeps us safe and makes me and my family have a happy life and a safe one.

Avigail- We thank Hashem that we are alive  
Ricki- Hashem gives us mitzvos to do because He loves us.

Chany- We thank Hashem for giving us a mother and a father to protect us

Avishag- Hashem gives us our neshama to be good.

Leba- Thank you Hashem for all the babies You make.

Shana- Thank you for my family who makes us safe.

Tamar- Thank you for the Or, the light to see the flowers, grass and trees grow.

Libby- Hashem gives us lots of rain to make the seeds grow,

Talya- Hashem wants everyone to have money so we can buy water for everyone because water is so important.

Faigy- Hashem created food and drink so we could live.

Nava- Hashem makes my mother and father so nice and Hashem made them.

Miri- Hashem makes the beautiful weather so we can go outside and have fun.

Molly -Hashem makes all the flowers grow and they look so pretty.

Tehila- We say thank you to Hashem for the whole world.

Suri W. - Hashem made fruit trees from the ground and we could all eat from them.

**Kitah Beis** had a wonderful productive week. They are advancing so much in their chumash booklets as part of the LeHavin U'Lehaskil program. They enjoy all of Mrs. Gluck's creative visuals which help internalize all the Ivris they are learning as well. Their skills keep growing and they are getting to be stronger learners each day. Mrs. Gluck also had the great idea to bring in a sofer for the girls in honor of them starting their next choveres in the LeHavin U'Lehaskil program. The girls learned so many interesting facts and are in awe now of how complicated it is to write a mezuzah. One of the highlights the girls enjoy is when they get to sing along with the LeHavin U'lehaskil CD. The songs in the program are all geared to reinforcing the skills learned. It is beautiful to see the girls take pride in their S.T.A.R binders that Mrs. Gluck created for them. Kitah beis girls are learning to be organized and efficient.

This week in **Mrs. Ehrman's Kitah gimmel** the girls learned many new shorashim. They enjoyed reviewing with the famous kitah gimmel "bell game". The girls are excited next week to review using the "fishing game". In the Ateres Bais Yaakov Safa program the girls are now able to write full sentences in Ivris with all they have learned so far this year.

**Morah Tal's kitah daled** had a fabulous start to the week when Mrs. Samet came in to speak to them about the new subject they will be learning this year- Navi. Mrs. Samet brainstormed with the girls what it means to be a leader and why Hashem chose Yehoshua to be the leader who would take Bnei Yisroel into Eretz Yisroel. The girls were excited to find out that each girl would be getting a leadership role in the classroom every day. They were very excited about this special opportunity. As a closure to the lesson, Mrs. Samet gave each girl a yummy cookie that had the map of Eretz Yisroel on it. It surely was a meaningful way to begin learning Navi.

**Kitah hei** is moving full speed ahead in Chumash class. The girls discussed how Yocheved got rewarded from HaShem for her act of mesiras nefesh. She was willing to risk her life by disobeying Paroh and saving the Jewish baby boys. Because of this, HaShem orchestrated a chain of events which lead bas Paroh to seek out Yocheved to nurse the baby who she found in the river. In this way, Yocheved was able to be with her baby without fear and she even got paid for it! Mrs. Liff discussed how no Mitzvah ever goes unnoticed by HaShem.

They had such a great time enjoying the stories of the Navi- the girls didn't want it to end! In dikduk, the girls participated in an incredible cooperative learning method called "Stand up, hand up, pair up." Its goal is to help review concepts in dikduk that we will be building on in future weeks.

What's that eraser flying through the air? Why it's ST(Special Treat) day. Every talmida who answered a question correctly got an eraser that they had to catch. After a full week back at our Ateres campus, **kita vav** is settling into a routine. This week they learned a magnificent story in about Tefilla pertaining to the bracha of Asher Yatzar. They also learned the deeper meaning of Malbish Arumim. In Chumash, Kitah vav has almost completed their second parsha! The girls

### פרשת תולדות תשע"ח



*With our arrival to our new home we continue to transition, grow and build not only to our new quarters but in our character as well.*

*As such, we are proud to introduce a new weekly column*

*"Boneh baShamayim Maalosov" with insights from the parsha on refinement of middos and building of our character as banim laHashem.*



### "Yayiten Licha HaElokim"

*Hashem keeps giving and giving.*

*That is the theme of this week's Parshah.*

*We can see a very special message from the word*

**ונתנו**

*Which has the shoresh "Nasan"- to give. The word can be read backwards and forwards.*

*Hashem teaches us in this way that the more we give to others, the more good Hashem can give back to us.*

*Let's always focus on how we can help be the reason that somebody smiles today.*



have also learned through Perek Ches in Navi.

Additionally, Sarahla Adelman, Simi Steinmitz, Rosy Baitz, Malka Einhorn and Tehilla Katz acted out an adorable skit in Hebrew- based on a story they learned in Ivris. Next week iyH they plan on raising the bar and the girls will be preparing part of Parsha Vayeitzei by themselves.

## Mrs. Levin's Update

Ahhh....Another spectacular week of learning General Studies in Ateres! Come and see our new beautiful GS bulletin board in the main hallway. Math, Science, Social Studies and Literature icons as well as musical notes, adorn the board compliments of our talented assistants Shani Zytman and Tzipora Rothschild who designed and put it up for me! lyH, I will be posting students' notes, written work and artwork on this beautiful display.

**Grade one** had a busy week learning many new sounds. The girls always practice the short vowels sounds and now they learned that long vowels say their own name. They learned that "when two vowels go walking the first one does the talking and the second one is quiet" (example- meat). When they have a word with one vowel in the middle and the letter "e" at the end of the word (example bake), first graders know the vowel in the middle says its name (long vowel) and the "e" at the end is silent. We refer to these words as having the magic e. Wow! There are so many rules and ways to remember how to sound things out. The girls are doing an amazing job of learning. In math, the class has been practicing addition facts. The girls are adding using many different techniques. They have used ten frames, part/part/whole, and e fingers too!. The girls learned that you can add the numbers together either vertically or horizontally. The girls enjoy taking turns at the board and working independently. The girls had so much fun on Wednesday practicing addition sentences using colored cereal. When they got all of their addition sentences correct they ate them up. On Thursday, they learned how two parts make up a whole. It was another yummy lesson using pretzel rods. First grade loves learning with food! Who knew math could be so delicious?

This week Mrs. Baron walked **second graders** through a step by step process in order to teach how to write a book report. The literature selection was The Enormous Turnip, a Russian folktale. This folktale entertained the children, but it also taught them an important lesson. Students learned that teamwork can help solve a problem. Our class team worked together to learn how to describe the setting, state the characters, and identify the problem and solution. Now that they have learned the key elements that should be included in a book report they will be ready for the second book report assignment which they will do at home. In Math, children have learned the different meanings of addition and subtraction and can apply this knowledge to solve word problems. The students did a great job identifying the words that hinted at subtraction. They analyzed the problem and then they decided whether they would add or subtract

**Third graders** have been moving full speed ahead with cursive. This week they learned another four letters. The class loves learning cursive and they are always eager to learn a new letter. Mrs. Feldman taught the class about fragments and sentences and then the class did an ice cream cut and paste activity. In writing, they wrote about what would happen if they woke up and saw a dinosaur in their backyard. Their responses were really entertaining!

What is the scientific method? It is an organized way that helps scientists, and our **fourth graders**, answer questions and solve experiments. There are 6 main steps- ask a question, research, form a hypothesis, experiment, analyze, and draw a conclusion and the fourth graders used all these steps to perform many fun experiments this week. Thanks to Lieba Kohl, the class also learned a song to help them remember the steps. Mrs. Paley's fourth graders played charades this week to reinforce a basic reading skill called inference. A set of occupation cards were put into a bag and each student pulled one card from the bag. First, each girl had to act out the occupation as the class guessed the occupation. Then the girls picked another card and wrote a paragraph describing the occupation by giving clues without using the word on their card. The girls did a beautiful job and reviewed an important skill while having fun. A great job, as always!!

In Mrs. Friedman's **fifth grade**, the students began their multiplication unit with a fun and exciting Math Bee! Mazal tov to our winner and to all the runners up! The girls worked really hard at home practicing the tables. In creative writing the girls were asked to write their own summaries using the CC guidelines. Each row was given a Binyan article and they had to write up a clear concise summary including the main idea, key and supporting details. They all did a great job!

This week the **sixth grade** started English off with a bang! The girls are writing about life experiences and what they learned about them. Their essays will be submitted to Mrs. Levin to be reviewed for possible submission to the Hamodia! (Mrs. Levin is a regular contributor to Inyan magazine of Hamodia newspaper). In history the girls have delved deeper into ancient Egypt and wrote a postcard to someone in ancient Egypt in hieroglyphics!! In science the girls have explored DNA and are figuring out why we look like our parents or siblings.

## A Peek into the Week



First Grade Math



Kitah Daled- Haschallas Navi



A Sofer Visits Ateres Bais Yaakov



High School for a Day

## TUNE IN TO JUNIOR HIGH

From the desk of Mrs. Kayla Stimmel

It was yet another week full to the brim with learning in Ateres JHS! After reviewing addition and subtraction of fractions, the seventh graders learned how to perform these operations with rational numbers. This combines many fraction skills that the girls have been learning for the past few years as well as their newly acquired integer operation skills. Mrs. Karash was impressed by how much the girls remembered from previous year's lessons!

In Mrs. Teichman's science class, the girls learned about the rock cycle. They discovered that over time rocks undergo different processes. These processes change them into different types of rocks as a result of weathering, erosion, heat, and pressure. These new rocks then continue to change further, and the cycle continues...

And the Race in Time winner of Round One is (drumroll, please)...Team Hodila! Mazel tov to eighth graders Hodaya Katz and Tehilah Adelman on this first win! Their reward for winning this round will be a delicious lunch out at Al di La. The participants have already begun working hard on Round Two, which covers the era of Galus Bavel through the second Bais Hamikdash. The scores have been very close, and it's anyone's game! Mrs. Eisenstein is very proud of all of the Racers. Some of the many impressive task submissions are displayed on our Race in Time bulletin board just outside of Mrs. Stimmel's office.

Mrs. Rube's seventh graders read the story, "The Last Leaf," where teaches the power of a true friendship. The story also shows how a positive attitude can affect every aspect of someone's life. The girls were excited to learn how to use vivid verbs in their writing. In the eighth grade, the girls were taught how to use collective nouns and when to use them in singular or plural form. Until now, the students were familiar with basic personal pronouns. Now Mrs. Rube opened up a whole new world to them of different kinds of pronouns, including possessive, indefinite, demonstrative, interrogative, reflexive, and intensive pronouns.

This week, Mrs. Hoffman's class began a mitzvah learning program, beginning with the mitzvah of ahavas yisroel. They discussed the Sefer Hachinuch's interpretation of what it means to love someone as you love yourself. The girls are working on ideas of chesed that our rabbanim set up for us to be able to reach the highest level of this awesome mitzvah.

Mrs. Rokowsky's seventh grader had a very accomplishing week as they were tested on two

## "Parent-hetically" Speaking



By: Mrs. Jenny Samet

"Hakol Kol Yaakov" In this week's Parsha, Yitzchak recognized the voice of Yaakov although his hands were like those of Eisav. We all have a voice. We may choose to speak softly or nicely, kind or mean, We may change our tone when we make requests or when things don't go our way and our children know what voice to expect from us. They know whether we have a voice of calmness like Yaakov or not.

One of our role as parents is to aim to make a conscious effort to create a home with the voice of Yaakov. It is in our every day actions that we create the standard of our voice and the voice that reacts to what is begin experienced.

Let's explore three themes of "what to say" to guide our parenting behavior in a positive way using our Kol Yaakov at all times.

1. Set appropriate limits, with an understanding of your child's perspective.

It's natural to snap at our children when we think they should already know how to behave. But research is showing that this won't help them behave better.

Instead, take a deep breath, acknowledge your child's perspective, set your limit, and try to redirect your child's impulse into acceptable behavior:

"That looks like fun! AND it's dangerous because blocks are hard. Blocks are not for throwing....You can build with those blocks, or you can go outside and throw balls."

"That does look like a cool airplane. AND you know that we aren't buying a toy for you today. I know that's hard. If it's too hard for you, we'll need to leave the store and try again to buy your cousin's present next week."

What does your child learn?

"When my parents tell me to stop doing something, they mean it. But they always understand why I was doing it, so I don't feel like a bad person."

"I don't have to yell. My parents always listen."

2. Acknowledge feelings.

You may feel like yelling "I told you to stop playing and get upstairs to the bathtub! How many times do I have to tell you?!" but that teaches your child that you aren't serious until you raise your voice, and it doesn't help him develop self-discipline, because he isn't choosing to give up what he's doing (since he's being forced from outside).

Instead, acknowledge his perspective, and give him his wish in fantasy: "I hear you, you don't want to take a bath....It's so hard to stop playing...I bet when you grow up, you'll never stop playing, you'll play all night every night, won't you?! You'll probably never ever go to bed! Here, let's fly that airplane up to the bathtub."

What does your child learn?

"I don't always get what I want, but I get something better — a parent who understands, no matter what."

"It's worth it to give up what I want, for what I want more — that warm relationship with my parent."

3. Emotion Coach

When people are in the middle of processing big feelings, learning shuts down. Help your child with emotions before you try to teach. Most of us feel like saying "Go to your room until you can speak to me in a civil tone, young lady!" but that just teaches kids that they're all alone trying to manage those big, scary emotions.

Instead, try: "Ouch! You know we speak to each other respectfully in this family. You must be so upset to speak to me like that. What's going on?"

What does your child learn?

"It's safe to show my parents when I'm upset. They understand and they help me."

"Feelings aren't dangerous, and we always have a choice about how we act on them."

"My words have the power to hurt, and I don't want to do that. I'm grateful to parent for not flying off the handle when I was so upset. She helped me calm down."

big units: Halacha and Navi. What a nachas to see how the girls prepared themselves days in advance and were so successful B"H! They began a beautiful unit in Parshas V'eschanan in Chumash, focusing on Moshe Rabbeinu's tefila to enter Eretz Yisroel. Following the wisdom of Rashi, the girls were introduced to the idea of asking Hashem for a matnas chinum (from the lashon of v'eschanan) as Moshe did: asking for a free gift rather than relying on his good deeds. We are looking forward to beginning a new perek in Navi iyH next week!

This week in Mrs. Brecher's bekiyus class, the students received their Dapei Hachana booklets. The students will prepare a perek in Sefer Vayikra weekly by completing a Daf Hachana independently. The students are up for the challenge of reading and understanding the Chumash all on their own! In Chumash class, the eighth grade learned the mitzvah "al tifnu el ha'elilim." The class learned the Sefer Hachinuch which explained how careful a person needs to be with their thoughts. Mrs. Brecher gave out a poem that demonstrated how a person's destiny is ultimately directed by his thoughts. The class enjoyed a discussion on what they can do as safeguards to keep their minds and actions on the right path.

Our eighth graders experienced a fabulous day as Ateres High School students! With a packed schedule, they were treated to a series of inspiring lessons from some of the star teachers in the high school. They also enjoyed a taste of the exciting Selectives as well as fast-paced G.O. activity. We are looking forward to seeing you at the Open House this Sunday IYH.

Have a wonderful Shabbos!